



Listening Hearts

Eight Day Spiritual Discernment Retreat **An Intensive In-depth Immersion in the Practice of Spiritual Discernment**

Overview

Based on *Listening Hearts* and *Grounded in God*. Participants gain practical experience in working with others to seek discernment around both personal questions and group issues. They develop an understanding of spiritual discernment and the elements that combine to draw it forth. By practicing the discipline and reflecting on what transpires, they internalize the teaching.

Intended Audience

For groups of six people with a common sponsor who recruits the participants, provides a retreat facility with food and lodging, and assumes financial responsibility, usually asking participants to contribute to the costs. This retreat offers a profound experience in spiritual discernment to ministers, both lay and ordained, who wish to deepen their understanding of the power of God's Spirit at work. Groups of clergy and lay leaders residing in close geographic proximity can benefit from establishing ongoing mutual support.

Summary of Content

Incorporating modern insights, the program is rooted in Scripture and based on classic spiritual teaching. Contemplative in tone, it emphasizes the importance of deep prayerful listening and posing questions that open the way for the Spirit of God to lead. It allows for a powerful spiritual experience for those who provide spiritual leadership to others.