



Listening Hearts Retreats

Experiential Approach to Seeking God's Guidance

Overview

Based on the book *Listening Hearts*, these retreats give each participant opportunity to learn the basic principles of spiritual discernment while engaging in discernment in relation to his or her own life. By connecting at a deep level through prayerful listening, participants grow closer to God and to one another. Each retreat is tailored to meet the needs and objectives of the client, and can be designed around a specific theme if so desired.

Intended Audience

These retreats are suitable for any size group, be it large or small: a congregation, a spiritual formation group, youth group, men's group, women's group, church support group, church related school, or conference center.

Summary of Content

Singing, imaginative engagement with Scripture, quiet reflection, and small group sharing combine with fellowship, artistic expression and group interaction to strengthen the bonds of spiritual community.