



## Opening the Ear of Your Heart Spiritual Conflict Resolution

### Participant feedback

"The intentional silence allowed time to listen to both others and the spirit, and space for openness to speak."

"I liked the periods of waiting in silence. A good attempt at what I find difficult. This is an area I will actively work on."

"I sensed the Spirit's presence and the reality of the 'Body of Christ'."

"I was aware of each person's heart, or being, connected with mine."

"Very much experienced the group as the body of Christ present in this place."

"Mobiles—very insightful."

"The mobile with the barbed wire touched my heart."

"I have several difficult situations that are coming up. I feel God was inviting me to have some lightness in these places."

"God took & tore the veil in two, allowing me to see and know God in me."

"I have been confirmed in my willingness to take a place at the perimeter of the circle...giving up my space at the center to God ... ."

"Contemplation exercises & time to interact were most helpful. I loved the music and the meaningful words. I didn't feel pushed or prodded but allowed to progress at my own pace."

"We grew into a real living authentic body of Christ."