



Renewal Retreat for Leaders and Groups

Overview

This overnight retreat (1) keeps trained discernment ministry teams current on new insights gleaned from practical experience; (2) introduces refinements in their program materials; and (3) helps the group see how it can build on what has gone well and remedy areas of weakness. All of this is accomplished in the context of teaching the participants how to lead Grounded in God retreats for decision-making groups.

Intended Audience

Trainers who were trained as a group come back together annually along with all of the discerners they have trained. This is an opportunity for them to recharge their batteries, sharpen their discernment skills, and forge bonds of spiritual community.

Summary of Content

Using the Grounded in God model, these retreats teach through experience how to conduct a Grounded in God retreat. Participants reflect on their work as a discernment ministry team, then carry those reflections into a creative meditation exercise, and continue in a contemplative mode as they await a consensus that knits them together, heart and mind.